



YMCA SWIM TEAM SAFETY GUIDELINES

Below are safety guidelines we have implemented to keep our swim team athletes safe in our pool.

- A pre-health screening and temperature check will be taken each day before practice.
- Masks are required for everyone ages 3+ as they enter and exit the pool area.
- Currently, only YMCA facility members will be able to register for swimming lessons, swim team, and other aquatic programming.
- Swim team practices will be limited to 4 swimmers in a lane.
- One parent will be allowed to accompany their swimmer(s) on deck. A mask will be required while you wait, and remain in your designated space. At this time, we cannot accommodate other family members space to wait (this includes siblings).
- Entrance to practices will be staggered to limit the number of parents/children entering and exiting the pool area.
- Upon entering, swimmers will be required to keep their mask on, and remain in their designated location on deck, until they are placed in their lane by the coach.
- Interaction between groups will be discouraged as well as gathering on the pool deck or in the changing rooms. Swimmers should arrive prepared to swim. Please encourage your child to use the restroom. Shower before entering the pool, and potentially leave wet.
- Coaches will complete additional sanitation between practice groups.
- Hand sanitizer will be available for swimmers upon arrival and departure of their session.
- To limit the spread of infection through the eyes, we recommend all swimmers wear goggles.
- Coaches will be instructing from the deck, and wearing a face shield to protect both themselves and the swimmers.
- Equipment used during practice, will not be shared with other children and will be disinfected before and after practice.
- All frequently touched surfaces are cleaned and disinfected each hour with a deep cleaning occurring each weekday from 1:00 to 3:00 pm and when the Y closes each night.
- In the case of an illness, please contact your Aquatics Director.
- Make ups will be not permitted. Children/parents who are sick or showing signs of COVID-19 should stay home.