



WELCOME TO FAMILY RETREATS AT YMCA CAMP HIGH HARBOUR!

At the Y, it is our goal to provide an amazing and safe experience during your family's visit to the YMCA's beautiful camp facilities at Lake Allatoona or Lake Burton. Please read the following information so that you are prepared for your visit.

For additional information, please contact:

For Lake Allatoona: Meredith Marsden: MeredithM@ymcaatlanta.org or 770.532.2267

For Lake Burton: Ryan Scanlan: RyanS@ymcaatlanta.org or 770.532.2267

FREQUENTLY ASKED QUESTIONS

What is a Family Retreat Weekend?

A YMCA Family Retreat is an opportunity for your family to enjoy and experience one of our premier overnight outdoor camping facilities together. Families can participate in traditional camp activities, enjoy a menu of classic camp food, disconnect from technology and reconnect with each other in the great outdoors.

What is the cost of a Family Retreat Weekend?

- YMCA Facility Members: \$387 for a family of four; \$77 each additional person
- YMCA Program Members: \$462 for a family of four; \$87 each additional person
- Ages 3 and under are Free

What is included in the cost of the weekend?

Each family will have an overnight stay in one of our traditional cabins on Saturday night. All meals and activities are included in the weekend price.

What is minimum and/or maximum number of family members in a cabin?

The base charge to rent a cabin for the family retreat covers up to the first four attendees. Each additional participant is a per person cost. No more than 10 participants will be allowed in a single cabin.

Can we bring friends along on our family retreat?

At your Family Retreat, each family will have their own cabin for their time at camp. We recognize that there is not a single definition of family and allow participants to define family however they would like. We will be limiting the number of participants in a single cabin to 10 people.

What can we expect for our cabin?

Each cabin will be professionally cleaned upon your arrival. Cabins will have two private bathrooms equipped with full showers, vanity, sink and toilet. All beds are twin size bunk beds. Depending on the season, all cabins have central heat and air conditioning.

What is the weekend retreat schedule?

While your schedule may vary based on the activities, a typical retreat weekend will look something like this:

Saturday

8:00am–9:00am	Check-In
9:00am–9:45am	Welcome to Camp Breakfast
10:00am–1:00pm	Activity Time
1:15pm–1:45pm	Lunch
2:30pm–5:30pm	Activity Time
5:30pm–6:00pm	Free Time & Get Ready for Dinner
6:00pm–7:00pm	Dinner & Camp Store
7:30pm–9:00pm	Night Program
9:00pm–10:00pm	Bonfire with S'mores
10:00pm	Quiet Time
11:00pm	Lights out

Sunday

7:00am	Coffee & Sunrise
8:00am–9:00am	Continental Breakfast
9:30am–10:00am	Checkout

What activities will be available on our retreat weekend?

Activities include, but are not limited to:

- Paddleboards/Kayaks
- Blob
- Swimming
- Climbing Tower
- High Ropes Course
- Arts and Crafts
- Team Sports – Field, Basketball Court, Sand Volleyball Court
- Archery and Slingshot
- Frisbee Golf
- Gaga Ball
- Fishing (Bring Your Own Gear, Adults need a current fishing license)
- Board/Card Games

Will equipment and staff be at the activities?

Yes, most activities such as archery, climbing tower, arts and crafts and anything at the waterfront will have staff to assist you with safety and using the equipment. A few activities are available at your leisure such as the basketball court, Frisbee golf and more. We will have all equipment needed for these activities as well. If you would like to fish, please bring your own gear and we will have an area designated for families wanting to fish.

What if there is bad weather?

Don't worry we have a plan for everything here at the retreat facility. If it is light rain we will plan to continue as many activities outdoor as possible. If weather is not safe, we will have indoor activities planned while still maintaining strict Covid-19 Safety procedures.

How will Meals work for my family?

We have used the same local catering service for 10 years here at camp. While our caterer is well-known for their delicious camp cooking, they also regularly cater weddings, events, and work with us for retreats. So, you can rest assured knowing the food is high quality, professional, and safely prepared. Breakfast will be individually packaged servings during a mealtime window so you can grab and go as your family chooses.

Special Dietary Needs?

We are used to working with many special dietary needs. If you have any allergies or dietary needs, please let us know when you register so that we can accommodate.

REGISTRATION, PAYMENT, REFUNDS, CANCELLATIONS**When can my family register and how?**

Registration is open now on a first come basis. All Atlanta YMCA members will receive an email with a link to register for a weekend. You can also visit ymcaatlanta.org/familyretreats to register. When you select the weekend of your choice, you should then select just the name of the person making the reservation from among your household members in order to add just one family cabin to your registration.

When is payment due?

All payments will be due at the time of reservation.

What is the cancellation policy?

When a cancellation occurs, we may not have the opportunity to fill the vacant cabin. Therefore, if a reservation is canceled...

- 7-14 days in advance, 50% refund will be issued unless the cabin is able to be filled, then a full refund would be issued minus a \$100 non-refundable administration fee
- Less than 7 days in advance no refund will be issued unless the cabin is able to be filled, then a full refund would be issued minus a \$100 non-refundable administration fee
- If your reservation is cancelled more than two weeks prior to your retreat, a full refund would be issued minus a \$100 non-refundable administration fee

PLEASE NOTE: If you're sick/exposed to COVID-19 and need to cancel your enrollment, we'll do our best to shift your enrollment to another week. If you aren't able to reschedule, you'll receive a full refund upon receipt of a doctor's note.

Standard Safety Guidelines

- All shared equipment will be cleaned and/or sanitized between each group use; we ask each family to help us with these cleaning procedures after each activity.
- Staff will rotate throughout common areas during the day to ensure high touchpoints are cleaned and sanitized frequently.
- YMCA Camp High Harbour is a drug and alcohol-free camp. Alcohol, tobacco, drugs, animals, and weapons are prohibited.
- No smoking, e-cigarettes, or vape pens of any kind are permitted on YMCA property.
- Participants are not allowed on the docks, boats or in the water at any part of camp unless a YMCA staff lifeguard is on duty.
- No throwing rocks.
- Campfires should only be built by YMCA staff. If you would like a fire that is not on the schedule, please arrange with retreat director.
- All personal vehicles must remain parked in the designated parking areas.
- All activity areas and program supplies are to be used only under the direct supervision of YMCA staff unless otherwise noted.
- Quiet Hours will be enforced from 10pm-8am. Please be courteous to all families.

Thank you in advance for keeping our camp and retreat facility family friendly for all.

ADDITIONAL INFORMATION

Items to bring: (Use this as a checklist!)

CLOTHING

Clothes for all appropriate weather
Tennis Shoes
Flip Flops or Sandals for waterfront
Swimsuit and towel
Raincoat

BEDDING:

Twin Size Sheet Set w/ Blanket or Sleeping Bag
Pillow

OTHER ITEMS:

Bath Towel
Soap, Shampoo and other toiletries (Toilet Paper is provided)
Bug Spray
Sunscreen
Water Bottle
Flashlight
Cash for the Camp Store

PLEASE DO NOT BRING:

- Drugs and/or Alcohol
- Weapons
- Animals
- Fireworks
- Valuables (Jewelry, Electronics, etc.)

YMCA Camp High Harbour is not responsible for lost or stolen items.

Clean Up Responsibilities

Prior to your departure, we ask that you perform a walk-through of the cabin to ensure that the following tasks have been completed:

- Please place all trash into trash cans.
- Clean up any leftover food or spills.
- Check all beds and bathrooms to make sure you take all of your personal items.
- Turn off all lights and make sure the porch and all outside doors are closed.
- Please let the YMCA staff know if there is any damage or problems in the cabin.

Damages

The retreat director will perform a walk-through of the cabins at the end of the retreat. Damages are defined as anything that is beyond normal use of the facility or cabin. This includes graffiti which is considered vandalism. Damages will be billed at a minimum of \$150, per incident.

Address & Directions

Please use the following addresses for your Retreat:

YMCA Camp High Harbour at Lake Allatoona
40 Old Sandtown Rd SE
Cartersville, GA 30121

YMCA Camp High Harbour at Lake Burton
685 Camp Harbour Lane
Clayton, GA 30525

