

LEADING BY ADVENTURE



YMCA of Metro Atlanta



BOLD & GOLD • YMCA Camp High Harbour Boys & Girls Outdoor Leadership Development

Backpacking and Paddling Expeditions

You will develop strong leadership skills, persevere in the face of challenges, and form lifelong friendships all while exploring the beautiful mountains and waterways of our home state!



JUNE & JULY, 2023 **BOYS & GIRLS AGES 11-16**

QUESTIONS OR MORE INFORMATION?
Email Lexi Huff at LexiC@ymcaatlanta.org.



Register at ymcaatlanta.org/ymca-locations/camp-high-harbour

ABOUT THE PROGRAM

We strive to provide a culture of openness and acceptance, and give participants opportunities to break through perceived barriers, build confidence, and value diversity as they discover what they are truly capable of.

All youth are invited to take part in BOLD & GOLD. **No child will be turned away for financial reasons!** To find out if you qualify for financial assistance, please visit our website at the link below.

ALL YOU NEED: A DESIRE TO GO

Our trips are designed for beginners with no outdoor experience required, just bring your sense of wonder! But we do offer an introductory program called Level 1, that showcases a little of both expeditions. We have a trip for everyone!

GEAR:

We provide all major gear and will send a packing list prior to the trip. Missing something on the list? Let us know, we can probably loan it to you at no additional cost.

STAFF:

Our instructors are skilled at building strong groups, have extensive experience working with youth as well as adults, and are passionate about inspiring people of all ages to discover the best in themselves.

2023 BOLD & GOLD TRIPS & DATES:

Level 1 Expeditions

Ages 11–15:

- June 11–16: All-gender
- July 9–14: Boys
- July 16–21: Girls

Paddling Expedition

Ages 12–16:

- June 4–9: Boys

Backpacking Expeditions

Ages 12–16:

- June 18–23: Boys
- June 25–30: Girls

Expedition activities may include: backcountry cooking, reading tidal charts, exploring waterfalls, boating on the lake, fishing, orienteering, ropes course, archery, and swimming.



REGISTRATION INFORMATION:

ymcaatlanta.org/ymca-locations/camp-high-harbour/