



## **BOLD & GOLD**

**Boys & Girls Outdoor Leadership Development** 

## BACKPACKING AND PADDLING EXPEDITIONS JUNE & JULY, 2023 BOYS & GIRLS AGES 11–16

You will develop strong leadership skills, persevere in the face of challenges, and form lifelong friendships all while exploring the beautiful mountains and waterways of our home state!

QUESTIONS OR MORE INFORMATION? Email Maya Joglekar at mayaj@ymcaatlanta.org

## **ABOUT THE PROGRAM**

We strive to provide a culture of openness and acceptance, and give participants opportunities to break through perceived barriers, build confidence, and value diversity as they discover what they are truly capable of.

All youth are invited to take part in BOLD & GOLD. No child will be turned away for financial reasons! To find out if you qualify for financial assistance, please visit our website at the link below.

ALL YOU NEED IS A DESIRE TO GO: Our trips are designed for beginners with no outdoor experience required, just bring your sense of wonder! But we do offer an introductory program called Level 1, that showcases a little of both expeditions. We

**EXPEDITION ACTIVITIES:** Activities may include backcountry cooking, reading tidal charts, exploring waterfalls, boating on the lake, fishing, orienteering, ropes course, archery, and swimming.

have a trip for everyone!

**GEAR:** We provide all major gear and will send a packing list prior to the trip. Missing something on the list? Let us know, we can probably loan it to you at no additional cost.

**STAFF:** Our instructors are skilled at building strong groups, have extensive experience working with youth as well as adults, and are passionate about inspiring people of all ages to discover the best in themselves.

**2023 BOLD & GOLD TRIPS & DATES:** Paddling Expedition, Ages 12–16:

June 2-8: Mixed Gender

Backpacking Expeditions, Ages 12–16:

June 9-15: Girls June 16-22: Boys

Level 1, Ages 11–15:

June 23–29: Girls July 7–13: Boys

July 14-20: Mixed Gender

Register today at ymcaatlanta.org/camp/bold-gold