

HEALTH SAFETY E X P O AUG 22 | 12-4PM

RESOURCES AND SERVICES FOR ADULTS 65+ AND THEIR FAMILIES

SUMMIT FAMILY YMCA | 1765 HWY 34 E | NEWNAN

40+ LOCAL COMPANIES

FREE COMMUNITY EVENT
Register for free tickets now

SCAN
ME!



Workshops – Community Room

- 12:15-1 Self Defense – Warrior Defenders
- 1:15-2 Fraud/Scam Protection – Newnan PD
- 2:15-3 Asset Protection – Daniel Campen

30 min Demos – Studio One

- 12:30 GeriFit
- 1:30 Chair Yoga
- 2:30 AOA Strength
- 3:30 CPR/First Aid

*AOA – Active Older Adult



Additional Screenings/Services

Vitals checks, blood pressure, O2 saturations, heart rate, spine assessments, medicare experts, hospice, rehabilitation facilities, dietitians, fire extinguisher demos, assisted living, home health care, insurance, asset protection, and more...

